

Please make an appointment with



Neighborhood Nutrition

Decide to be healthy

Barbara Ruhs, MS, RD, LDN
Elizabeth Fayram, RD, LDN
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Nutrition Consultation and Treatment for:

- | | |
|--------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Weight Management | <input type="checkbox"/> Vegetarian Nutrition |
| <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Cholesterol |
| <input type="checkbox"/> Sports Nutrition | <input type="checkbox"/> Other: |

Referred by (Name): _____ Credentials: MD

Provider Type (choose one) : Primary Care Doctor

Provider Contact Phone: () -

* * * *

Patient Full Legal Name:

Patient Phone: () - Patient Email Address:

Health Insurance Plan (choose one): BlueCross BlueShield Massachusetts Plan Type: HMO

Authorization Number: _____ Total Number of Visits Authorized:

Date of Referra (M/D/YY):

Health Plans Accepted: Blue Cross Blue Shield of Massachusetts • Harvard Pilgrim Health Care
• Tufts Health Plan • Aetna US Healthcare – Chickering Student Plans

Group NPI for Barbara Ruhs DBA Neighborhood Nutrition # 1427 220 946

For billing or insurance inquiries, please call Anna, our billing specialist at (617) 532-0908