



Neighborhood Nutrition

Decide to be healthy

HEALTH INSURANCE REIMBURSEMENT RECOMMENDATIONS

It is important to verify coverage for nutrition counseling visits prior to your appointment. If Neighborhood Nutrition does **not** accept your health plan, you can seek reimbursement from your plan by submitting a receipt from us. This is not a guarantee of coverage.

To make sure that all of the insurance payments process correctly so that you avoid receiving a bill, please do the following:

1. Verify that nutrition counseling is a covered benefit by your health plan. Call the customer care phone number listed on the back of your health insurance card. Some plans will cover nutrition counseling under special circumstances for a particular diagnosis (i.e. eating disorder, diabetes, etc.). Please verify the following: copayment amount (\$), deductible (\$), referral & authorization requirements.
2. If your health plan *does* provide a benefit for nutrition counseling, in many cases you are **REQUIRED** to obtain a **referral** for coverage. You will need the following information to request a referral from your doctor's office.
 - Your Full Name
 - Date of Birth
 - Insurance Plan Name and Identification Number
 - Date of your first visit with the provider you are requesting a referral for.
 - Provider Information for Neighborhood Nutrition/NPI #: **1427-220-946**
3. Once you have confirmed that your plan covers nutrition counseling, and you have a referral **authorization number** and a verification of the total number of visits covered (in many cases, 3 – 6 visits are covered), provide this information to Neighborhood Nutrition.

*If Neighborhood Nutrition **DOES NOT** accept your health plan, we will provide you with an invoice/receipt *upon request* to submit to your health plan.